

Lord's Table – Guidelines (1)

1.

Matt. 26: 26-28

*And as they were eating Jesus took bread and blessed it, and He broke it and gave it to the disciples and said, **Take, eat;** this is my Body.*

*And He took a cup and gave thanks, and gave it to them, saying, **Drink of it,** all of you, For this is My blood of the covenant, which is being poured out for many for the forgiveness of sins.*

I Cor 11:24-25

And having given thanks, He broke it and said, This is My body, which is given for you: this do unto remembrance of Me.

Similarly also the cup after they had dined, saying, This cup is the new covenant established in My blood: this do, as often as you drink it, unto the remembrance of Me.

In order to commence having a corporate Lord's Table in the current environment we need to address some practical matters such as the materials to have on hand in our homes:

1. Unleavened bread and 2. Grape juice

Unleavened Bread:

The most utilized unleavened bread available is Kosher primarily for the Jewish faith and it is called **MATZO**. What to look for is unflavored and unsalted MATZO. Three of the most popular brands are: **YEHUDA** , **STREIT'S** and **MANISCHEWITZ**



Can be found in most large
supermarket stores
including Walmart and
Amazon.com

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2.



Walmart carries a Matzo for communion which is good

Grape Juice:

What to look for is 100% pure concord grape juice.



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FYI: No need to purchase large amounts, one box of MATZO and one bottle of grape juice will be more than enough. Portions will be larger than what we are accustomed too. For the bread a bite size portion is fine and for the juice a 1oz serving but feel free to partake of whatever portion size. The important thing is to remember the Lord's body broken for us on the cross and His blood shed for our redemption.